

PLEASE REVIEW THE FOLLOWING CHECKLIST &**BRING ALL APPROPRIATE DOCUMENTATION TO YOUR APPOINTMENT.****NOTE THIS IS NOT AN ALL-ENCOMPASSING LIST & ADDITIONAL DOCUMENTATION MAY BE REQUIRED.**

- **Medications:** Please bring an up-to-date medication list to your appointment.
- **Vision requirements:** Bring your glasses/contacts to your exam if they are needed for driving.
 - Monocular Vision
 - Must bring Form [MCSA-5871: VISION EVALUATION REPORT](#) completed **no more than 45 days before** your DOT physical.
- **Hearing Impairment:** Bring your hearing aids to your DOT physical.
- **Diabetes Mellitus:** Bring a copy of recent A1C level
 - If you use insulin, you will need the following:
 - Form [MCSA-5870: INSULIN-TREATED DIABETES MELLITUS ASSESSMENT FORM](#) must be filled out by the clinician managing your diabetes and your eye doctor. This form must be signed and dated by your clinician **no more than 45 days before** your DOT physical
 - Documentation of recent evaluation by an optometrist/ophthalmologist
 - If you use an incretin mimetic such as exenatide (Byetta, Bydureon), liraglutide (Victoza), sitagliptin (Januvia, Janumet, Janumet XR, Juvisync), saxagliptin (Onglyza, Kombiglyze XR), alogliptin (Nesina, Kazano, Oseni), Dulaglutide (Trulicity), or linagliptin (Tradjenta, Jentaduento), you will need the following:
 - Form [MCSA-5895: CMV DRIVER MEDICATION FORM](#) must be filled out by the prescribing clinician.
- **Cardiac Disease:**
 - Bring a copy of your most recent cardiology note. You must have been seen by your cardiologist **no more than 12 months** prior to your DOT physical.
 - Myocardial infarction (heart attack), angina pectoris, CABG, PCI (stents)
 - Bring a copy of the results of your most recent stress test results (in most cases must be within the past 2 years).
 - Aortic Regurgitation, Aortic Stenosis, Atrial Septal Defects, Mitral Regurgitation, Mitral Stenosis
 - Bring a copy of the results of your most recent echocardiogram
 - Pacemaker: Bring documentation of pacemaker checks
- **Hypertension (High Blood Pressure):** There are specific blood pressure guidelines. Please be sure to take your medications as you normally would on the morning of your exam.
- **Coumadin (Warfarin):**
 - Must have documentation of INR results
 - Must be stabilized on this medication for last a month
- **Obstructive Sleep Apnea:** Bring CPAP compliance report (**minimum of 90 days**)
- **Substance use, including marijuana use:**
 - Please note that per FMSCA guidelines you cannot be certified to drive a CMV if you use marijuana, regardless of whether you have a valid medical marijuana card.
- **Antidepressant, Anti-anxiety, Sleep Aides or any Psychiatric Medication Use:**
 - Form [MCSA-5895: CMV DRIVER MEDICATION FORM](#) must be filled out by the prescribing clinician