

Grand View Medical Practices Urogynecology

OB/GYN History

Age of onset of first period: _____

Date of last menstrual period: _____

Your periods are (circle one):
Regular Irregular

Age at Menopause: _____

Any Postmenopausal bleeding? _____

Year of last Pap Smear?: _____

History of abnormal pap smear?:
(circle) Yes No

History of Hormone Therapy?: (circle) Yes No

Oral Patch Vaginal/IUD Implant

History of? Ovarian Cysts Fibroids

of Pregnancies: _____ # of Live Births: _____

of Miscarriages _____ # of Terminations: _____

Largest Birth weight: _____

Circle All That Apply: History of Forceps

Episiotomy Perineal Laceration

Vacuum Assisted Delivery Cesarean

Birth Related Pelvic Injury

Past Surgical History

Any history of Hysterectomy?: Yes No

If yes: Total Partial (ovaries and tubes conserved)

Month/Year: _____

Route (circle one): Vaginal Laparoscopic Open Abdominal Robotic

History of Tubal Ligation?: Yes No

Have you had any other type of Pelvic or Urologic Surgery?: Yes No

(Circle all that apply): Bladder Bowel Cesarean Section Gynecologic Surgery
Incontinence Kidney Urethra Ureter

If yes, list what procedure and when: _____

Other surgeries not related to urogynecology:

Surgery

Date

Grand View Medical Practices Urogynecology

Bladder Habits

How Many Times Per Day Do You:

- Void (urinate): _____
- Wake up at night to void: _____
- Have episodes of urgency: _____
- Have leaks with urgency: _____
- Have leaks with laughing, coughing, or sneezing: _____
- Have leaks with exercise, lifting, or bending over: _____
- Have leaks *without* any activity or sensation: _____

How many pads do you use to stay dry per day?: _____

Any bedwetting at night?: (circle one) Yes No

Any leakage with intercourse?: (circle one) Yes No

Do you have hesitancy to start urinating? (circle one) Yes No

Do you have to strain to maintain flow?: (circle one) Yes No

Do you have any dribbling after urinating? (circle one) Yes No

Do you have difficulty emptying your bladder completely?: (circle one) Yes No

Your urine stream is (circle what applies): Slow Interrupted Strong

Which is more bothersome, leaking with activities or leaking with urge? Or are they equally bothersome? _____

Do you perform Kegel exercises? (circle one) Yes No

Have you had any prior pelvic floor rehab or biofeedback? (circle one) Yes No

Have you used any medication to control overactive bladder? (Circle all that apply)

- | | | |
|---------------------------------------------|----------------------------------------------|------------------------------------------------|
| <input type="radio"/> Oxybutynin (Ditropan) | <input type="radio"/> Fesoterodine (Toviaz) | <input type="radio"/> Estrogen Cream (Estrace) |
| <input type="radio"/> Tolterodine (Detrol) | <input type="radio"/> Mirabegran (Myrbetric) | <input type="radio"/> Premarin |
| <input type="radio"/> Trospium (Sanctura) | <input type="radio"/> Vibegron (Gemtesa) | |
| <input type="radio"/> Darifenacin (Enablex) | <input type="radio"/> Solifenacin (Vesicare) | |

Any side effects?: _____

How many caffeinated drinks per day?: _____

Number of sugar substitutes per day?: _____

Number of carbonated drinks per day? _____

Lower urinary tract symptoms: (circle all that apply)

- | | |
|----------------------------------------------|----------------------------------------------|
| <input type="radio"/> Blood in Urine | <input type="radio"/> Pain with full bladder |
| <input type="radio"/> Burning with urinating | <input type="radio"/> Cloudy urine |
| <input type="radio"/> Pain with urinating | <input type="radio"/> Frequent Urination |
| <input type="radio"/> Strong urinary odor | <input type="radio"/> Urgency |

When was your last urinary tract infection?: _____

Grand View Medical Practices Urogynecology

How many urinary tract infections have you had in the last 6 months?: _____

Which medications or treatments have you used in the past to treat them?: (circle all that apply)

- | | | |
|----------------------------------------|--------------------------------------|----------------------------------------|
| <input type="radio"/> Amoxicillin | <input type="radio"/> Azo | <input type="radio"/> Cystoscopy |
| <input type="radio"/> Bactrim | <input type="radio"/> Pyridium | <input type="radio"/> Physical Therapy |
| <input type="radio"/> Macrobid | <input type="radio"/> NSAIDs | <input type="radio"/> Pudendal Blocks |
| <input type="radio"/> Keflex | <input type="radio"/> Narcotics | <input type="radio"/> Uribel |
| <input type="radio"/> Other antibiotic | <input type="radio"/> Vaginal Valium | <input type="radio"/> Elmiron |

(Explain): _____

Pelvic organ prolapse? (Circle all that apply)

- | | | |
|---------------------------------------------|----------------------------------------------------------------------------------------------|-----------------------------------------------------|
| <input type="checkbox"/> Pelvic Pressure | <input type="checkbox"/> Heaviness Sensation | <input type="checkbox"/> Vaginal Bulge seen or felt |
| <input type="checkbox"/> Dullness Sensation | <input type="checkbox"/> Support to vagina or rectum to complete a bowel movement or urinate | |

Have you ever used a pessary?: _____ **If yes, what type?:** _____

Do you have pain with intercourse?: (circle one) Yes No

If yes, is the pain on entry or deep pain?: _____

Avoidance or lack of interest in sexual relations is due to: (circle all that apply)

- | | | | |
|-------------------------------|-----------------------------------|------------------------------------------|---------------------------------------|
| <input type="checkbox"/> Pain | <input type="checkbox"/> Prolapse | <input type="checkbox"/> Vaginal Dryness | <input type="checkbox"/> Incontinence |
|-------------------------------|-----------------------------------|------------------------------------------|---------------------------------------|

Bowel Habits

How often do you move your bowels?: (circle what applies)

- Daily
- Every other day
- _____ times per week

Bowel consistency is: (circle what applies)

- | | |
|------------------------------|------------------------------|
| <input type="radio"/> Formed | <input type="radio"/> Loose |
| <input type="radio"/> Hard | <input type="radio"/> Liquid |
| <input type="radio"/> Soft | |

Constipation: (Circle one) Yes No

Excessive Straining?: (Circle one) Yes No

Incomplete Bowel Emptying: (Circle one)

Yes No

Fecal Incontinence?: (Circle one) Yes No

If yes, how many times per week? _____

Any prior treatment for fecal incontinence?:

Do you use any of the following: (circle all that apply)

- Stool Softeners
- Supplemental fiber
- Laxatives
- Physical Therapy
- Biofeedback

Year of last colonoscopy: _____

Findings?: _____

Any history of rectal surgery: (Circle one)

Yes No

Any other previous treatments for fecal incontinence not already mentioned?:
