

Childbirth & Newborn Care Class

- *Focus on Motherhood* -

A FREE one day class for teens & young adults (ages 13-25)



Where:

When:

Questions?: For help or to register, call 215-348-9770

****Lunch will be provided****

Through this interactive class, you will learn about:

- Pain management
- Labor and delivery preparation
- Infant care education
- Give-aways!