

THIRD
ANNUAL

Get Fit with a Doc



Let's Get Healthy Together!

Join the doctors and staff of Grand View Health for a series of FREE walks. Enjoy camaraderie as we challenge each other to go a little further at each walk.

- All fitness levels are welcome
- A brief educational presentation will start each 30-minute walk
- Bring a family member or friend



Thursdays 2017 | 5:30-6:00 p.m.

APR 6	APR 20	MAY 4	MAY 18	JUN 1	JUN 15
JUL 6	JUL 20	AUG 3	AUG 17	SEP 7	SEP 21
OCT 5	OCT 19	NOV 2			

James Memorial Park

1027 Ridge Road, West Rockhill Township, Sellersville

One-time Registration Required

gvh.org/event/fit-doc

GVH GRAND VIEW HEALTH

For more information:

215-453-4405

getfitwithadoc@gvh.org