

Prepare for your procedure:

- ✓ Fill out all [One Medical Passport questions](#) as soon as possible. This is critical for your medical providers.
- ✓ Once your One Medical Passport forms are completed, a nurse from the hospital will call you to review instructions and go over your medications and tell you what to take on the morning of surgery.
- ✓ Follow your doctor's instructions if you are taking any blood thinning medications.

Day of your procedure:

- ✓ **Do** Bring glasses. Remove contacts. You may leave dentures and hearing aids in place.
- ✓ **Do** shower the morning of surgery.
- ✓ **Do** Wear loose fitting comfortable clothing.
- ✓ **Do** remove all jewelry, this includes body piercings.
- ✓ **Do** leave all valuables at home. Bring a photo ID and your insurance card.
- ✓ **Do Not** eat or drink after midnight unless otherwise instructed by a nurse from the hospital.
- ✓ **Do Not** apply any makeup, lotions, perfumes or deodorant.

Important Information:

- ❖ After surgery you must have a driver and a responsible adult to stay with you overnight.
- ❖ Parents of children having surgery may bring a favorite toy or blanket for the child.
- ❖ Please limit visitors to one or two persons. Designate a contact person.
- ❖ If you are scheduled for anesthesia and are a female who has a period, up to age 57, and has not had a hysterectomy, please know a pregnancy test will be done on admission. Please attempt to avoid emptying your bladder, as the test will be done through a urine specimen.
- ❖ Your surgery may be delayed or cancelled if instructions are not followed.

★Please contact your surgeon if you: become ill, such as a cold, have a rash or infection at the site of surgery, have not followed instruction regarding medications or you need to cancel surgery or have questions about the procedure. ★

What to Bring to the Hospital

- Identification Card
- Insurance Cards
- Referral forms, if required by your health plan
- A list of allergies you may have to food, drugs, or latex
- Any test results, X-rays, consent forms, physical examination forms, or other information your surgeon has asked you to bring
- A copy of an advance directive document, such as a living or durable power of attorney

What Not to Bring to the Hospital

- Cash
- Credit Cards
- Jewelry (including wedding bands)
- Weapons (including guns, knives, mace and pepper spray)
- Cigarettes and alcohol

NOTE: Grand View Hospital is not responsible for personal belongings.